

# Light - Therapies

## Benefits of Light Based Skin Treatments (Photo-therapy)

Generally skin treatments that use light technology are Photo Therapies, these treatments are widely used as correctly applied with the right equipment they are clinically proven to be useful for a vast range of skin rejuvenation, correction, hair reduction and hair regrowth therapies, including:

- increasing collagen,
- Skin rejuvenation,
- brightening the appearance of the skin,
- permanent hair reduction,
- pain relief,
- wound healing,
- acne control.

## What is Photo-therapy

There are many types of technologies used to deliver photo-therapy including include solariums (sun), laser, intense pulsed light (IPL) and light emitting diode (LED). At Elegant Image we focus on the particular therapeutic strengths of IPL and LED..

In common both IPL and LED are non-invasive treatments, both use specific wavelengths of light to deliver reproducible therapeutic benefits. The systems used at Elegant Image are clinically proven to provide the therapies they are intended and both the devices we use are listed in the Australian Register of Therapeutic Goods (ARTG) as medical devices.

## IPL

Elegant Image uses the Starlux medical-grade Laser/IPL, this system is manufactured in the United States, The Starlux System has been a prominent leader in the medical cosmetic industry for over 20 years and its developers continue to carry out extensive research and development that provide the most comfortable and effective IPL treatments.

To deliver the most cost effective solutions our Starlux system uses its many advantages (incl.):

- Large spot size for faster treatments
- High medical-strength power for best results
- Infinitely variable dosage (maximise dosage to each client)
- High Repetition rate for faster treatments
- Patented contact-cooling for more comfortable treatments
- No need for messy gels or lotions during treatments
- It can treat most skin types
- Minimal to no down-time

## LED

Elegant Image use the Omnilux LED Photo-dynamic Therapy (PDT) device, this technology was developed after 12 years extensive research by Cancer Research UK (the largest charity in the UK dedicated to Cancer Research) and the University of Manchester with the mission of bringing effective, inexpensive and clinically proven cancer treatments to the healthcare market.

Further research revealed that PDT delivered on a matrix of narrow beam light emitting diodes (LED) could be used for a much broader range of conditions and as these treatments are non-surgical, laser-free they could effectively and safely be administered by skincare practitioners and as such Omnilux was created to service both the medical and skincare industries.

Omnilux also pioneered the use of detachable treatment head to deliver pure, optimised narrowband light via LED matrices, the same Omnilux machines are now used in the treatment of a wide range of dermatological conditions including, acne, rosacea, photo damage, non-melanoma skin cancers, skin rejuvenation, vitiligo and wound healing.

## OPEN 7 Days

### Trading Hours

Mondays & Tuesdays	8:30 - 7:30
Wednesdays	9:00 - 5:30
Thursdays	8:30 - 7:30
Fridays	8:30 - 8:00
Saturdays	9:00 - 5:00
Sundays	10:00 - 4:00

Please note bookings are essential

### Booking /Purchase Options:

Book/Purchase In Person	At Salon
Book/Purchase by Phone	02 6293 2992

Book Service On-line  
[www.elegantimage.com/general/get-appointment](http://www.elegantimage.com/general/get-appointment)



Buy Service / Gift Certificates On-line  
[www.elegantimage.com.au/general/on-line-purchases](http://www.elegantimage.com.au/general/on-line-purchases)



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## Starlux Laser / IPL

Permanent Hair Reduction  
Photofacial Rejuvenation  
Facial Capillaries & Vessels

&

## Omnilux LED

Skin Rejuvenation  
Acne Correction  
Wound Healing  
Pre/Post Surgery Healing

## MENU



2021- 2022 Rev 2

LED



Omnilux revive (red)

Omnilux revive transmits red light (633nm) at an intensity of 105mW/c2, light delivered at this wave length and intensity is clinically proven to be highly absorbed by fibroblasts increasing the synthesis of collagen and stimulate blood circulation and lymphatic flow to eliminate toxins, accelerate healing and calm the skin. We use it for a variety of applications including;

- Alone or alternating with Omnilux plus for long term skin rejuvenation, the treatment of periorbital wrinkles and the visible photodamage
- Alternating treatments with Omnilux blue for the treatment of mild to moderate acne vulgaris
- Use alone as an adjunct to fillers, crystal-dermabrasion, micro needling etc.. – helps calm the skin and reduce the risk of Post-inflammatory hyperpigmentation (PIH)
- Alone or alternating with Omnilux plus to accelerate wound healing post-surgical procedures and
- Alone for dyschromia of the skin such as pigmentation and rosacea.



44 year old - skin type II - 14 days after 9<sup>th</sup> treatment

**Omnilux blue**

The blue head transmits blue light (415nm) and is used in conjunction with Omnilux revive for the treatment of acne vulgaris and sun damage skin. It is clinically proven to activate coproporphyrin III present in the P.acnes bacteria to create intracellular singlet oxygen inducing bacterial death. Its versatility also allows it to be used to activate the photo-sensitiser 5-Aminolevulinic acid in the treatment of superficial actinic keratosis by reducing the bacterial colonisation of the sebaceous gland, returning the gland's abnormally high level of sebum to normal and reducing the production of pro inflammatory cytokines whilst simultaneously stimulating immunoregulatory pathways by inducing anti-inflammatory cytokines.

**Omnilux Plus (infrared)**

Omnilux plus transmits infra-red light (830nm), it is the most deeply penetrating wavelength, working indirectly through cell membrane absorption to stimulate complex cellular processes that result in increased collagen, elastin and growth factor production to treat the visible signs of photo-damage and stimulate cellular repair mechanisms essential in the wound healing process.

We alternating plus with revive to treat peri orbital wrinkles, visible signs of photo-damage, to accelerate wound healing post-surgical/invasive procedures. Alone or alternating with Omnilux revive to treat or reduce risks of Post-inflammatory hyper-pigmentation and alone as part of a muscle and sport injury rehabilitation program

**IPL Permanent Hair Reduction Menu**

Treatment Area	Time	Price	6 Pack
<b>Head &amp; Neck</b>			
Upper Lip	10 Min	20.00	100.00
Chin	10 Min	20.00	100.00
Upper Lip & Chin	15 Min	35.00	175.00
Side of Face	15 Min	50.00	250.00
Beard	20 Min	49.00	245.00
Full Face	30 Min	65.00	325.00
Chin & Side Face	20 Min	65.00	325.00
Neck Front or Back	15 Min	49.00	245.00
Full Neck (Front & Back)	25 Min	79.00	395.00
<b>Trunk</b>			
Breast	10 Min	49.00	245.00
Chest	30 Min	99.00	495.00
Abdomen	30 Min	79.00	395.00
Tummy Line	10 Min	45.00	225.00
Chest & Abdomen	40 Min	170.00	850.00
Shoulders	30 Min	60.00	300.00
Back	30 Min	199.00	995.00
Back Chest & Shoulders	45 Min	290.00	1450.00
Lower Back	30 Min	90.00	450.00
<b>Lower Limb</b>			
Bikini Line Standard	20 Min	45.00	225.00
Bikini Line Extended	30 Min	55.00	275.00
Full Brazilian	30 Min	59.00	295.00
Buttock Full	30 Min	99.00	495.00
Natal Cleft	15 Min	49.00	245.00
Up Legs (w/o Bikini Line)	30 Min	149.00	745.00
Lower Legs	30 Min	149.00	745.00
Full Leg (w/o Bikini Line)	45 Min	170.00	850.00
Feet & Toes	10 Min	49.00	245.00
Upper Limb			0.00
Under Arms (Both)	10 Min	49.00	245.00
Upper Arms (both)	30 Min	110.00	550.00
Forearms (both)	30 Min	110.00	550.00
Whole Arms	40 Min	155.00	775.00
Full Arm (includes Hands)	45 Min	170.00	850.00

**IPL Photo-Facials Menu**

Treatment Area	Time	Price	6 Pack
Full Face	45 Min	150.00	750.00
Neck	20 Min	75.00	375.00
Decolletage	30 Min	120.00	600.00
Face & Neck	45 Min	200.00	1000.00
Face Neck Decolletage	60 Min	230.00	1150.00
Hands	20 Min	100.00	500.00
Forearms	45 Min	130.00	650.00
Hands & Forearms	60 Min	200.00	1000.00
Back	60 Min	350.00	1750.00

**IPL Capillaries & Vessels Menu**

Treatment Area	Time	Price	6 Pack
Nose	15 Min	95.00	475.00
Cheeks	20 Min	140.00	700.00
Cheeks & Nose	30 Min	170.00	850.00
Chin	10 Min	100.00	500.00
Full Face	30 Min	300.00	1500.00
Decolletage	30 Min	270.00	1350.00

**LED Omnilux PDT Menu**

Single Device	Time	Price	6 Pack
Omnilux Revive (Red)	20 Min	110.00	880.00
Omnilux Revive (Red) as add-on to other treatment	20 Min	70.00	560.00
Omnilux blue (Blue)	20 Min	110.00	880.00
Omnilux blue (Blue) as add-on to other treatment	20 Min	70.00	560.00
Omnilux Plus (infra Red)	20 Min	110.00	880.00
Omnilux Plus (infra Red) as add-on to other treatment	20 Min	70.00	560.00



IPL

Our StarLux system uses active cooling through the hand-piece's sapphire tip that reduces the skin temperature to 4 degrees centigrade before firing. This cooling allows the delivery of high energy pulses while providing maximum comfort and safety. The feedback from recipients are particularly pleasing particularly with its efficient effect on hair removal, it is done without the discomfort associated with the older or lesser laser/IPL technologies.

**Permanent Hair Reduction**

**Fed up with waxing and shaving?** Try IPL permanent hair reduction. this popular technology is a proven solution to keeping smooth and hairless skin for long periods of time.

Hair grows in 3 phases and IPL is only effective within the:

1. Anagen or hairs growth phase, when the hair grows at around half an inch a month and is actively dividing cells in the hair follicle, it lasts an average of 3-5 years, so a full-length hair averages 18 to 30 inches.
2. Catagen, this is a short transitional phase that lasts approximately 10 days at the end of the anagen.
3. Telogen or resting phase when the hair is released (falls out) and leaves the follicle is inactive for 3 months after which the whole process is repeated.

Each hair follicle is independent and goes through the growth cycle at different times and as there is only a certain percentage of hair in anagen, long term hair reduction will require ongoing IPL being performed over a number of sessions with a measured time span between treatments.

**Photo-Facials (Clearing Pigmented Lesions)**

Pigmented lesions may be caused any number of reasons including Genetics (freckling,ect.), Sunspots or photo damage from UV rays and Melasma can be present as a result of hormonal changes, pregnancy or the contraceptive pill

Pigmentation is commonly more predominant and exacerbated on those areas of our bodies that are consistently exposed to the damaging effects of UV rays; it is typically found on any of the following areas: Face, Neck, Décolletage, Arms and Legs.

IPL lightens pigmentation as melanin will absorb the light as heat energy and destroy the melanin containing skin cells. Initially the treated pigmentation will appear darker, however within approximately 2 – 4 weeks it sloughs away to leave a clearer complexion. You may require multiple sessions until the desired result is achieved as well as ongoing maintenance treatments. An effective skin care regime is also essential to maintain results, especially an effective sunscreen.

**Clearing of Capillaries and Vessels**

IPL is able to treat skin and hair as the light is attracted to melanin (the dark pigment in your hair and skin) and the red colour in your blood vessels without affecting the surrounding skin. Therefore our StarLux IPL a safe and very effective method of reducing or removing facial blood vessels such as spider veins, and broken capillaries including facial flushing and Rosacea.