



SALON LASH AND BROW SERVICES

Service	Time	Price	6 Pack
Eyelash Lift & Tint	45 min	107.00	545.70
Eyelash Tint	30 min	25.00	127.50
Eyebrow Tint	15 min	18.00	91.80
Eyebrow Wax & Shape	10 min	24.00	122.40
Lash & Brow Tint	30 min	40.00	204.00
Lash & Brow Tint with Brow Shaping	30 min	59.00	300.90
Eyelash Lift	30 min	90.00	459.00

EYE TREATMENTS

SERVICE

TIME PRICE

Designer Browz by Mel or Keryn

Experience perfect brows expertly shaped to highlight your eyes and compliment your face. This full brow service inc's.. The luxurious long term *Brow Code* Tinting (Lasts up to 2 weeks!!), Shaping and Waxing.

30 min 65.00

Designer Browz Maintenance

Maintenance sessions to prolong those A-List Designer Browz. Must be taken 14 days of a previous brow Designer Browz session.

15 min 40.00

Sothys Eye Contour

Combine science and nature to combat eye contour ageing and reduce the visible signs of ageing with this Sothys intensive salon treatment. It incorporates a massage using the latest technological active ingredients to reduce eye puffiness and crêpey dehydration fine lines.

60 min 130.00



TREATMENT	TIME	PRICE	6 PACK
Teeth Whitening (Inc After-care)	1 Hr	240.00	1224.00



FEMALE WAXING

Service	Time	Price	6 Pack
Full leg	30 min	67.00	335.00
Full leg & Bikini Line	45 min	95.00	475.00
Full leg Bikini Line & Underarm	50 min	117.00	585.00
Full Leg Brazilian	60 min	130.00	650.00
3/4 Leg	30 min	55.00	275.00
Half leg	20 min	47.00	235.00
Top Half Leg	20 min	53.00	265.00
Top Half Leg & Bikini Line	30 min	73.00	372.30
Half leg & bikini line	30 min	72.00	367.20
Half leg bikini line & underarm	40 min	93.00	474.30
Half leg Brazilian	45 min	105.00	535.50
Bikini line	15 min	35.00	178.50
Brazilian Bikini	30 min	75.00	382.50
Extended Bikini	30 min	55.00	280.50
Underarm	15 min	26.00	132.60
Arms to elbow	15 min	37.00	188.70
Arms Full	30 min	48.00	244.80
Lip	10 min	18.00	91.80
Chin	10 min	20.00	102.00
Eyebrow	10 min	25.00	127.50
Lip Chin & Eyebrow	20 min	53.00	270.30
Side of Face	15 min	25.00	127.50
Stomach	10 min	19.00	96.90

MALE WAXING

Service	Time	Price	6 Pack
Full leg	45 min	72.00	367.20
Full Arm	30 min	50.00	255.00
Back	30 min	50.00	255.00
Back & Shoulders	45 min	70.00	357.00
Chest	30 min	50.00	255.00
Underarm	15 min	32.00	163.20
Brazilian	45 min	100.00	510.00

FACIAL SKIN ANALYSIS

Facial skin analysis is part of our holistic approach to assisting with your skin management, essential in achieving that satisfying, healthy and beautiful look. Our CLAIRDERM SKIN ANALYSER provides our aesthetic staff with the ability to effectively:

1. Conduct a superior skin analysis and provide you with in-depth diagnosis of your epidermis and dermis based on generated visual scientific results.
2. Confidently recommend an effective skin treatment plan to address your particular skin concerns and compare treatment results over time.

SERVICE	TIME	PRICE	6 PACK
Facial Analysis - Stand Alone	30 Min	75.00	382.50
Facial Analysis - Add-on to Facial	30 Min	50.00	255.00



Day Spa Services Menu

Autumn 2021

Trading Hours

Mondays to Thursdays	8:30am - 7:30pm
Friday	8:30am - 8:00pm
Saturday	9:00am - 5:00pm
Sunday & Public Holidays	10:00am - 4:00pm

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Sensational Orientales Body Treatment

The luxurious Sothys treatment is inspired by ancient oriental tradition. It features an exfoliating syrup to gently exfoliate the skin before a one-of-a-kind handmade scrubbing claystone is used to energise the skin. Hot towels are then used to remove the exfoliating syrup before warm nourishing amber and date oil is massaged into the body

1¼ Hr **\$160**

Relaxing Re-mineralising Mud Wrap

Revitalise and rebalance the body with a relaxing and re-mineralising mud wrap includes a marine salt exfoliation then warm mud containing high levels of minerals and trace elements.

1¼ Hr **\$130**

Decongesting Body Wrap

Assist clients with fluid retention and/or sluggish lymphatic flow. Begins with an exfoliation followed by a body wrap then finished with an aroma-therapeutic decongesting massage

1¼ Hr **\$130**

Marine Salt Scrub

Deep exfoliation and skin rejuvenation for thickened or sun damaged skins. Dead skin cells are exfoliated using a combination of marine salts, algae extracts and grapefruit essential oils and finished with a gentle application of hydrating body milk.

45Min **\$125**

Anti-Stress

Our answer for a hectic lifestyle. A very gentle body exfoliation followed by an application an algae based hydration cream with essential oils

1 Hr **\$130**

Delicious Body Scrub

Experience an invigorating body scrub with a truly delicious aroma. we start with an exfoliation using exotic spices; essential oils of ginger, nutmeg, mandarin, and orange to exfoliates soften and smooth the skin, we then finish with a magical application of aromatic oils and hydrating cream.

45 Min **\$130**

Please Note

Prices are subject to change without notice



Sothys Lactic Acid Professional Peel

This Professional Peel: Loosens and removes the surface debris on the skin; Softens corneal skin cells stimulating natural ceramide production; Smooths fine lines; Is extremely effective at stimulating natural collagen production (Great for mature skin); Is a non-irritating acid treatment and OK for fine textured skin and There is no "down time" or noticeable flaking of the skin. It is delivered in a course of 6 Peels including Take-Home Restructuring Serum.

6 x 1 Hr Session **\$669**

Sothys Glysalac Peel

This Express Peel is a double action exfoliating treatment ideal for prematurely ageing and/or problem oily congested skin types. Alpha Hydroxy Acids remove the dead skin and Beta Hydroxy Acids loosen the problem causing oil deposits from within the follicle. Reduce small surface blemishes along with pimple and acne scarring then experience a more refined and improved skin texture.

30 Min **\$85**

Sothys Glysalac Professional Peel

This Full Penetrating Peel is for those in need of a deep body exfoliation the Sothys Glysalac Professional Peel is extended to 1 hour to deliver instant radiance and skin smoothing, revealing a more even and clarified complexion. Includes a professional ampoule serum, massage and treatment mask.

1 Hr **\$145**

Dr Spiller Enzyme Peel

This deep exfoliation is most suitable for the most sensitive of skins. It uses organic, all-natural enzymes from the ancient Spelt grain to gently remove dead skin cells.

45 Min **\$120**

Herbal Aktiv Peel

This excellent alternative to deep penetrating chemical peels uses organic natural herbal ingredients to naturally peel and resurfaces your skin. Using no harsh chemicals this complete skin resurfacing peel is ideal for reducing acne scarring, hyper pigmentation, fine lines and pore size whilst improving the texture of the facial skin. One promise: "You will have a more beautiful skin in just 5 days!".

This treatment includes a follow-up facial and take home products...

1 Hr **\$699**

Herbal Phyto Peel

his treatment uses natural herbs and enzymes similar to the stronger Herbal Aktiv Peel with one key difference: They are toned down and are significantly gentler on the skin's delicate acid mantle that means there is no requirement for the second visit. This Peel is delivered as:

Energiser - Stimulate micro-circulation & Revitalises Skin

Calm - Ideal for red or couperose complexion

Clear - A detoxing treatment suitable for impure, congested and acneic skins

Restore - Suitable for mature, sun damaged and prematurely aged skins

1 Hr **\$200**



MANICURES

Elegant Image Manicures include: your nails shaped and your cuticles tidied then moisturised. Your hands are then massaged with a rich hand cream and the treatment is finished with a base coat and your choice of a Vinylux or Shellac top coat colour

SERVICE	TIME	PRICE	6 PACK
Manicure	45 min	55.00	280.50
Shellac Manicure	45 min	65.00	331.50
French Manicure	60 min	65.00	331.50
Paraffin Bath Manicure	75 min	85.00	433.50
File & Paint Only	30 min	40.00	204.00
Paradise Manicure			
This must have experience begins with a soak of hydrating coconut milk, followed by a gentle exfoliation with coconut crème scrub infused with essential oils, enzymes and coconut oil. A body butter wrap for the hands instantly revives the skin, while milk proteins reduce any appearance of fine lines. Body butter is massaged into the hands and arms and nails are polished to perfection.			
Paradise Manicure with Shellac Finish	1Hr	100.00	510.00

PEDICURES

Tip: Bring open toed shoes or sandals

Elegant Image Pedicures include: your feet soaked in a warm foot bath during which the nails are clipped and shaped. Your cuticles are then tidied and moisturised after which the dry skin is removed and the feet massaged with moisturising cream. The pedicure is then finished with a base coat and your choice of a Vinylux or Shellac top coat colour.

SERVICE	TIME	PRICE	6 PACK
Pedicure	60 min	70.00	357.00
Shellac Pedicure	80 min	85.00	433.50
Paraffin Pedicure	75 min	90.00	459.00
File & Paint Only	30 min	40.00	204.00
Paradise Pedicure			
Another must have experience, begins with your foot being soaked and ritually cleansed with coconut milk, they are exfoliated with pure cane sugar infused with essential oils, enzymes and coconut oil. A warm Body Butter wrap is applied to the feet and legs, while the nail services are performed. Your feet and legs are then massaged with an Exotic Coconut Massage Oil. Finally, your choice of colour is applied to your nails.			
Paradise Pedicure with Shellac Finish	1Hr	90.00	459.00
Paradise Pedicure with Shellac Finish	1Hr	100.00	

Spa Massage



Relaxation Massage

Unwind and be transported into a tranquil state of relaxation with soothing light to medium pressure full-body massage.

1 Hr \$90

Focus Massage

Refresh with this focused therapeutic massage. Your therapist will work on a specific area of tension typically in the Back, Neck or Shoulder. or upper back . A great pick-me-up massage for the time limited

30 min \$70

De-Stress Body Massage

De-stress and unwind during this light to medium pressure full-body massage. Essential oils used enhance your state of total relaxation and transports you into a high state of tranquillity

1 Hr \$120

De-Stress Body Massage - Extended

Only when 1 hour is not enough

1½ Hr \$150

Sothys Oriental Stone Ceremony

Be transported into a renewed sense of relaxation and well being with a sensual blend of oriental spices infused with Balinese Stones in a hot aromatic granita with marula oil - An unparalleled salon experience

1 Hr \$135



Spa Packages

Pamper

A delightful 2¼ Hours of Spa Pamper. Starting with a Sothys Ampoule Facial followed by a Back Neck and Shoulder Massage and finished off with a Manicure.

2¼ Hrs \$250

Indulgence

A 3 Hour Indulgent Experience. Begins with a Sothys Ampoule Facial followed a Full Body Massage and finished off with a Pedicure

3 Hours \$275

Sensation

¾ of Sensation Spa. Begin with a Sothys Regeneration Facial followed by a De-Stress Massage and finished of with your choice of a Spa Manicure or Spa Pedicure.

3¼ Hours \$330

Permanent Hair Reduction



TREATMENT	TIME	PRICE	6 PACK
Head & Neck			
Upper Lip	10 Min	20.00	102.00
Chin	10 Min	20.00	102.00
Upper Lip & Chin	15 Min	35.00	178.50
Side of Face	15 Min	50.00	255.00
Beard	20 Min	49.00	249.90
Full Face	30 Min	65.00	331.50
Chin & Side Face	20 Min	65.00	331.50
Neck Front or Back	15 Min	49.00	249.90
Full Neck (F& B)	25 Min	79.00	402.90
Trunk			
Breast	10 Min	49.00	249.90
Chest	30 Min	99.00	504.90
Abdomen	30 Min	79.00	402.90
Tummy Line	10 Min	45.00	229.50
Chest & Abdomen	40 Min	170.00	867.00
Shoulders	30 Min	60.00	306.00
Back	30 Min	199.00	1014.90
Back Ch & Sh	45 Min	290.00	1479.00
Lower Back	30 Min	90.00	459.00
Lower Limb			
Bikini Line Std	20 Min	45.00	229.50
Bikini Line Ext	30 Min	55.00	280.50
Full Brazilian	30 Min	59.00	300.90
Buttock Full	30 Min	99.00	504.90
Natal Clef	15 Min	49.00	249.90
Up Legs (w/o Bik)	30 Min	149.00	759.90
Lower Legs	30 Min	149.00	759.90
Full Leg (w/o Bik)	45 Min	170.00	867.00
Feet & Toes	10 Min	49.00	249.90
Upper Limb			
Under Arms (Both)	10 Min	49.00	249.90
Upper Arms (both)	30 Min	110.00	561.00
Forearms (both)	30 Min	110.00	561.00
Whole Arms	40 Min	155.00	790.50
Full Arm (inc Hds)	45 Min	170.00	867.00



TREATMENT	TIME	PRICE	6 PACK
Nose	15 Min	95.00	484.50
Cheeks	20 Min	140.00	714.00
Cheeks & Nose	30 Min	170.00	867.00
Chin	10 Min	100.00	510.00
Full Face	30 Min	300.00	1530.00
Decolletage	30 Min	270.00	1377.00

IPL PHOTOFACIAL REJUVENATION

Intensive Treatment for Noticeable Results

TREATMENT	TIME	PRICE	6 PACK
Full Face	45 Min	150.00	765.00
Neck	20 Min	75.00	382.50
Décolletage	30 Min	120.00	612.00
Face & Neck	45 Min	200.00	1020.00
Face Neck Décolletage	60 Min	230.00	1173.00
Hands	20 Min	100.00	510.00
Forearms	45 Min	130.00	663.00
Hands & Forearms	60 Min	200.00	1020.00
Back	60 Min	350.00	1785.00



TREATMENT	TIME	PRICE	10 PACK
Omnilux Revive (Red)	20 Min	110.00	900.00
Omnilux blue (Blue)	20 Min	110.00	900.00
Omnilux Plus (infrared)	20 Min	110.00	900.00
Omnilux (any) as an add-on to other treatment	20 Min	50.00	



Skin Booster

The perfect lunchtime skin pick-me-up. The skin is cleansed prior to the Crystal Microdermabrasion finished with a moisturiser to sit your skin type.

30 Min \$85

Deep Renewal

Your skin is cleansed prior to the Crystal Microdermabrasion procedure after which a mask (matched to your skin type) then the area treated is moisturised and massaged.

1 Hr \$139

Crystal Add-on

A Crystal Microdermabrasion applied as an add-on to any suitable facial.

Add 15mins \$30



SPRAY TANNING

We only use the internationally acclaimed and Canberra's own SunFX Spray Tan to deliver your perfect all over natural looking tan.

SERVICE	TIME	PRICE	6 PACK
SunFX Spray Tan Application	15 min	40.00	204.00
Pre Tan Exfoliation	30 min	80.00	408.00
Pre Tan Exfoliation & Spray Tan	45 min	110.00	561.00

Mini Express

A great introduction to Sothys Skin Care, a cleanse, gentle exfoliation followed by a mask and treatment cream

30 Min **\$80**

Hydra3Ha

Sothys Hydra3Ha professional intensive treatment was specially designed to meet the hydration needs of all skin types, delivered in a special six phase protocol including the exclusive Sothys Paris Digi esthétique™ massage techniques and the latest generation of ultra hydrating active ingredients.

1 ¼ Hrs **\$175**

Sensitive Skin Intensive

This treatment combines the renown thermal properties of Eau Thermal Spatm from the Marie Henriette springs in Belgium with hi-performance ingredients to balance its pH with the skin and formulated to be ultra gentle and respect the sensitivity of all skin.

1 Hr **\$145**

Perfect V-Shape Neck & Décolleté

For that smoother toned skin, this professional treatment is delivered as a Scrub, Modelling and then Double-mask. From the cheekbones to the bust, the Perfect V Shape has been specifically created for those who want to preserve the youthfulness of their face shape and décolleté. For men, this treatment perfectly targets skin sag and double chin concerns.

1 Hr **\$145**

Pro Youth

Targeted at skin showing signs of wrinkles, sagging, thinning and sun damage and allow you to lose up to 6 years off your visible skin age. This new age-management treatment when expertly applied features five key phases that allow you to experience 75 minutes of total relaxation while the targeted high performance actives are applied.

1 ¼ Hrs **\$175**

Ampoule Therapy

Deeply cleanse and exfoliate dry, sensitive, oily or combination skins. Then (depending on your individual skin type) an intensive ampoule complex, treatment mask finished with massage or steam treatment.

1 Hr **\$150**

Seasonal Sensation

One of our most popular Sothys options. As each season changes Sothys produce an exquisite professional skin care seasonal treatments. These facials all contain natural extracts infused into various serums along with naturally occurring minerals and salts.

45 Min **\$130**

Detox Energie

Protect, Detoxify, Energise ... Anti-ageing skin defence with this 75 minute treatment helps the skin to defend itself against the harmful effects of environmental stress & pollution which can accelerate skin ageing. The core of this Intensive Treatment is the trio of exclusive active ingredients: organic elderberry-organic Siberian ginseng-peptides for an anti-pollution, protection-detox energy action. An essential treatment for the management of skin ageing, to balance the skin microbiome and boost skin energy.

1 ¼ Hours **\$200**

Dr. Spiller
Biocosmetics

Express

Very effective in a short time, The perfect stepping stone or in-between treatment. Leaves your skin clean, refreshed and wonderfully moisturised

30 Min **\$80**

Collagen Regeneration

Collagen Fleece Mask combined with Aloe Vera facial that restructures damaged skin, smooths lines and wrinkles, improves skin elasticity, soothe and hydrate or reduce couperose conditions. For incredible and immediate results.

1 Hr **\$150**

Peel-off Whitening

The effective deep infusion of Algae, Mulberry and Grape extracts into the skin allows this creamy whitening mask to tone down, revitalises and rejuvenate.

1 Hr **\$150**

Peel-off Anti-Couperose

The effective deep infusion of Algae and Bilberry deliver the anti-oxidant benefits of Vitamin C and A, they also regulate pH balance and stimulate collagen growth. This mask calms the skin and reduces inflammation whilst revitalising and moisturising.

1 Hr **\$150**

Peel-off Age Repair

This peel-off mask deeply infuse active ingredients (inc. Acerola) into the skin. The peel has a tightening and firming effect and deliver the antioxidant benefits of Vitamin C and A, whilst assisting in the regulation of skin pH balance and stimulating collagen growth.

1 Hr **\$150**

Peel-off Acne Control

This peel-off mask deeply infuse active ingredients (inc. Algae and Willow Extract, Menthol with a 50% Peppermint oil and the healing properties of Tea Tree) into the skin. The mask acts to reduce break-out inflammation and deliver antiseptic and germicidal to the skin.

1 Hr **\$150**



intraceuticals
it's in the skin

Rejuvenate Infusion

Align yourself with the Hollywood A-list. The first step in your skin's transformation, the revolutionary Oxygen Infusion Face treatment delivers with therapeutic grade Hyperbaric Oxygen along with Rejuvenating serums made from Hyaluronic acid, Green Tea, Aloe Vera, Vitamin A, C and E. Instant visible result with visibly lifted, more plumped and hydrated during this cooling, calming treatment.

1 Hr **\$150**

Opulence Brightening

Reveal a more radiant you with botanical brighteners and super concentrated Vitamin C to brighten and balance dull, uneven skin tone. Pigmentation is minimised, leaving skin luminous and toned.

1 Hr **\$160**

Clarity Oxygen Facial

Acne & Blemish Management - The Clarity Sensitive Treatment clears oil build-up, leaving skin clarified and refined. Cooling, calming, treatment process increases absorption of the Clarity serum and naturally improves your skin's hydration levels while vitamins and antioxidants protect and defend.

1 Hr **\$130**

Atoxelene Upgrade

The age defying anti wrinkle Botox alternative - This is a targeted upgrade to any Intraceuticals Oxygen treatment is the perfect, non-surgical alternative to more invasive procedures. By instantly firming, lifting and plumping your skin it dramatically reduces fine lines and wrinkles.

15 Min **\$45**

Eye Mask Add-on

This add-on to any Intraceuticals Oxygen facial specifically targets fine lines, dark circles, puffiness and stressed skin around the eyes. Algae extract helps to diminish dark circles, relieve puffiness and hydrate the eye area. Wheat protein helps to soothe and tighten tired, overworked eyes.

Applied During Facial **\$10**

Lip Mask Add-on

During this addon to any Intraceuticals Oxygen Facial; both Hyaluronic Acid and brown algae (super hydrators) combined in a rich mask gently soothes and plumps the lips increasing blood flow which improves the appearance of fine lines delivering a soft texture to the lips and the skin surrounding the mouth, defining the lip line, providing a full and rich natural colour.

Applied During Facial **\$10**